

# East London Parent Power

A partnership between The Brilliant Club and Northeastern University London.

## About Parent Power

Through advice and guidance on accessing higher education, and developing skills in community organising, Parent Power, in partnership with NU London, empowers parents and carers in Tower Hamlets to make change in their children's future.



## East London Parent Power in Numbers

# 58

Parents/Carers

# 15

relational 121 meetings with 11 parent/carers (Oct 23 - March 24).

# 50%

of parents/carers in East London have no history of higher education themselves.

## East London Parent Power Activities

### 1. Group Meetings

Parents/carers attend group meetings every four weeks to receive information and guidance on key areas such as university applications, student finance and supporting children's wellbeing.

### 2. Community Listening

Deep community listening is a key step in the cycle of social change. In our community listening in Tower Hamlets, key themes that are emerging include the need for mental health support for young people and the impact of bullying. This lays the foundations for future campaign action.

## Stephanie's Story

I first learned about Parent Power through my son's secondary school. The meeting topic 'how to research university courses' sparked my interest...At the time, my children were uncertain which university courses to pursue, and I felt ill-equipped to provide detailed guidance. I decided to attend the meeting in hope of acquiring knowledge that could aid me in advising my children.

Stephanie found her own education in Hong Kong somewhat stifling. She was often expected to stay quiet and learn passively, rather than actively. This environment presented some challenges for Stephanie, but she was able to overcome them later in life. She is now keen to gain access to information through Parent Power that can support her children to realise their aspirations of achieving well in their GCSEs and nurturing their passion for music.

